

Ground Permissions

It is suggested that the facilitator set some ground “permissions” before the debrief. These might include the following:

1. Any feelings this activity brought up are fine. Your feelings are what they are, and you are invited to practice accepting them.
2. It is also fine to express your feelings.
3. It is ok to NOT talk about your feelings too. You are invited to talk, and I hope you know that your voice matters and belongs here. But some people like to do more internal, one-on-one, or small-group processing. That’s ok.

Debrief Questions

These questions can be addressed in small groups or in the whole group. One idea is to have small groups address the first four, then work with the whole group on the rest.

1. How did you feel answering the questions for each class?
2. What surprised you?
3. How do you feel about identifying yourself with a particular class?
4. Where did you get the messages that align you with a particular class (and their hidden rules)?
5. What strengths does each group’s hidden rules bring to a community?
6. What challenges does each group’s hidden rules raise in a community?
7. How can you use your knowledge of the hidden rules when you interact with people who might not share your own rules?
8. How does socioeconomic class function as an identity? Is it possible to make changing hidden rules a choice and not necessarily a change in identity? In what instances might this be desirable?